



## Frida Kempff

Frida Kempff, Swedish director and screenwriter, began her visual arts career in television, where she produced and directed several projects and documentaries. Following her graduation from the Stockholm Academy of Dramatic Arts, Kempff made a splash on the international scene with her 2009 documentary short, *Bathing Micky*. The title won several international awards, including the **Prix du Jury** at the 2010 Cannes Film Festival.

In 2015, Kempff made her full-length debut with the documentary *Winter Buoy*. The film premiered at the Gothenburg Film Festival, where it was nominated for the Nordic Dragon Award for 'Best Nordic Documentary'. *Winter Buoy* went on to win 'Best Documentary' at the Nordic International Film Festival in the US.

*Knocking*, Kempff's debut feature film, premiered at the 2021 Sundance Film Festival in the Midnight section. *Knocking* received fantastic reviews, both in Sweden and internationally.

Her latest feature, *The Swedish Torpedo* (2024), tells the story of Sally Bauer, the second Scandinavian to swim the English Channel. Kempff is the director of the film as well as one of the co-writers. *The Swedish Torpedo* received a staggering eight nominations at the 2025 Guldbagge Awards, including 'Best Film' and 'Best Screenplay.'

## Awards

Mons International Festival of Love Films (Grand Prize) Belgium - <i>Den svenska torpeden The Swedish Torpedo</i>	2025
Guldbagge Award Nominee (Best Screenplay) Sweden - <i>Den svenska torpeden The Swedish Torpedo</i>	2025
Guldbagge Award Nominee (Best Film) Sweden - <i>Den svenska torpeden The Swedish Torpedo</i>	2025
Stockholm Film Festival Nominee (Best Film) Sweden - <i>Den svenska torpeden The Swedish Torpedo</i>	2024
Narcisse Award Nominee (Best Feature Film) Switzerland - <i>Knackningar Knocking</i>	2021
Special mention at Montreal World Film Festival Canada - <i>Varg Wolf</i>	2017
Silver Remi Award at World Fest-Houston International Film Festival US - <i>Varg Wolf</i>	2017
Cinalfama Lisbon International Film Awards (Best Debut Film) Portugal - <i>Varg Wolf</i>	2017
Gothenburg Film Festival Nominee (Short Film Award) Sweden - <i>Cirklar Circles</i>	2016
Hot Docs Canadian International Documentary Festival Nominee (Best Short Documentary) Canada -	2016

## *Cirklar Circles*

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Nordisk Panorama Nominee (Nordic Short Film Award) Sweden - <i>Cirklar Circles</i>	2016
Stockholm Film Festival Awards (1 km film) Sweden - <i>Älskade unge Dear Kid</i>	2016
International Competition of Cinéma du Réel Nominee France - <i>Vinterboj Winter Buoy</i>	2015
Tempo Documentary Award Nominee Sweden - <i>Vinterboj Winter Buoy</i>	2015
Gothenburg Film Festival Nominee (Best Nordic Documentary) Sweden - <i>Vinterboj Winter Buoy</i>	2015
Nordic International Film Festival Awards (Best Documentary) US - <i>Vinterboj Winter Buoy</i>	2015
ZagrebDox International Competition Nominee (Big Stamp) Croatia - <i>Medan du var borta While You Were Gone</i>	2013
Cinema Eye Honors Awards Nominee (Outstanding Achievement in Nonfiction Short Filmmaking) US - <i>Micky Badar Bathing Micky</i>	2012
Lume International Film Festival Nominee (Best Short Film) Brazil - <i>Micky Badar Bathing Micky</i>	2011
Stockholm Film Festival Nominee (1km Film Award) Sweden - <i>Medan du var borta While You Were Gone</i>	2011
Kinemastik's Audience Award Malta - <i>Micky Badar Bathing Micky</i>	2010
Capalbio International Short Film Festival (Best Cinematography) Italy - <i>Micky Badar Bathing Micky</i>	2010
Skepto International Film Festival (Grand Prix) France - <i>Micky Badar Bathing Micky</i>	2010
Nordisk Panorama Nominee (Nordic Documentary Film Award) Sweden - <i>Micky Badar Bathing Micky</i>	2010
Miami International Short Film Festival US - <i>Micky Badar Bathing Micky</i>	2010
Expresion en Corto International Film Festival (Best Short Documentary) Mexico - <i>Micky Badar Bathing Micky</i>	2010
Cannes Film Festival Awards (Prix du Jury) France - <i>Micky Badar Bathing Micky</i>	2010
Palme d'Or, Cannes Film Festival Nominee France - <i>Micky Badar Bathing Micky</i>	2010

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## Filmography

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<b>Den svenska torpeden</b> <b>The Swedish Torpedo</b> (Feature film) (Drama) - Director, Writer	2024
<b>Knackningar</b> <b>Knocking</b> (Feature film) (Thriller) - Director	2021
<b>Varg</b> <b>Wolf</b> (Short) (Drama, Short) - Director	2017

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<b>Älskade unge</b> <b>Dear Kid</b> <i>(Short) (Drama, Short) - Director, Writer</i>	2016
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<b>Vinterboj</b> <b>Winter Buoy</b> <i>(Documentary) (Documentary, Drama) - Director, Writer</i>	2015
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<b>Cirklar</b> <b>Circles</b> <i>(Short) (Documentary, Short) - Director</i>	2015
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<b>Medan du var borta</b> <b>While You Were Gone</b> <i>(Short) (Documentary, Drama, Short) - Director</i>	2012
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<b>Micky Badar</b> <b>Bathing Micky</b> <i>(Short) (Documentary, Short) - Director</i>	2010