



Trygve Allister Diesen

Trygve Allister Diesen is one of Norway's most prolific directors and screenwriters, known for taking on thriller, crime and human drama projects that focus on visceral, cinematic storytelling with emotional yet grounded performances.

Part Norwegian, part Scottish, Diesen graduated magna cum laude from University of Southern California's School of Cinematic Arts, and sold his first script two weeks out of film school. His second feature *Hold My Heart* (2002) was chosen as Norway's submission to the Oscars, while his third film and English-language debut *Red* (2008) premiered at Sundance, starring Brian Cox in an awardwinning performance.

In 2010, Diesen became the first recipient of a practice-based doctorate in directing from The Norwegian Film School. He still teaches there on occasion, as well as in other film schools.

Diesen directs TV with the same passion he brings to features and does so by alternating between the role of conceptual and episodic director. He has helmed well over 100 episodes, spanning multiple genres, countries and languages. Diesen's most noteworthy projects include the acclaimed, hard-boiled miniseries *Torpedo* (2007) which he created, wrote and directed, along with the series version of *Arne Dahl/The A Group* (2015), which he developed as concept director for Swedish TV. The series then went on to air on BBC and ZDF.

Diesen is also the director of the TV series *Wisting*, Norway's biggest-ever drama production, based on the renowned literary series by Jørn Lier Horst. Besides being the director, Diesen is one of the lauded crime series' writers and creators. *Wisting* premiered in 2019 and has received fantastic reviews across the globe. The awaited second season premiered in December 2021.

Diesen is set to direct Disney+ first Nordic original series *To Cook a Bear*, based on Mikael Niemi's bestselling novel.

Awards

Edgar Allan Poe Award Nominee (Best TV Episode) US - Wisting 1	2020
Warsaw International Film Festival Nominee (Grand Prix) Poland – <i>Red</i>	2008
Catalonian International Film Festival Nominee (Best Film) Spain – Red	2008
Sochi International Film Festival Nominee (Golden Rose) Russia – Tyven, tyven Hold My Heart	2003

Würzburg International Filmweekend (Audience Award) Germany – Tyven, tyven Hold My Heart	2003
Norwegian International Film Festival (Best Norwegian Film) Norway - <i>Tyven, tyven Hold My Heart</i>	2002
AFI Fest Nominee (Grand Jury Prize) US - Tyven, tyven Hold My Heart	2002
Amanda Awards Nominee (Best Film) Norway - Tyven, tyven Hold My Heart	2002
Amanda Awards Nominee (Best TV Drama) Norway - Hotel Cæsar	1999
Fantasporto Nominee (International Fantasy Film Award) Portugal - Mørkets øy Island of Darkness	1999

Filmography

Koka björn To Cook a Bear (TV Series) (Crime, Drama) post-production - Director	2025
Crime season 2 (TV Series) (Crime, Drama, Mystery) – Director	2023
Wisting 3 (TV Series) (Crime, Drama) – Co-creator, Director, Writer	2022
Wisting 2 (TV Series) (Crime, Drama) – Co-creator, Director, Writer	2021
Wisting 1 (TV Series) (Crime, Drama) – Co-creator, Director, Writer	2019
Arne Dahl: En midsommarnattsdröm Arne Dahl: A Midsummer Night Dream (TV Mini-Series) (Action, Crime, Thriller) – Director	2015
The Assets (TV Series) (Thriller) – Episode director	2014
Det tredje øyet (TV Series) (Crime, Drama) – Director	2013
Varg Veum - Svarte får Black Sheep (Feature film) (Crime) – Writer	2011
Varg Veum - I mørket er alle ulver grå At Night All Wolves Are Grey (Feature film) (Action, Crime, Thriller) – Writer	2011
Kommissarie Winter (TV Series) (Crime, Thriller) – Director	2010
Red (Feature film) (Drama Thriller) – Director	2008

Red (Feature film) (Drama, Thriller) – Director

Torpedo (TV Mini-Series) (Action, Crime, Drama) – Creator, Director, Writer	2007
Drømmefangeren (TV Mini-Series) (Crime) – Director	2005
Hotel Cæsar (TV Series) (Drama) – Director	1999 - 2004
Skolen (TV Series) (Drama) – Director	2004
Tyven, tyven Hold My Heart (Feature film) (Drama) – Director, Writer	2002

1997

Mørkets øy Island of Darkness (Feature film) (Horror, Mystery, Thriller) - Director, Writer